

EUROPEAN CONFEDERATION FUDOKAN KARATE AND FUDOKAN KARATE AUSTRIA FEDERATION

March 20-22, 2020 | Gaenserndorf – Austria

INVITATION

Dear friends and karatekas, we invite you to the

FOURTH FUDOKAN KARATE SEMINAR & INTERNATIONAL OPEN DANUBE - CUP

in Gaenserndorf – Austria.
(near Vienna)



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FOURTH FUDOKAN KARATE SEMINAR & INTERNATIONAL OPEN DANUBE - CUP

Univ. prof. ILIJA JORGA M.D., Ph.D. Soke 10. DAN

Gaenserndorf, Austria, 20 - 22 March, 2020

**Sanctioned by: EUROPEAN FUDOKAN CONFEDERATION
President: Sensei Dr. Zurab Merabishvili 7.Dan**

**Hosted by: FUDOKAN KARATE AUSTRIA FEDERATION
President: Slobodan Hoffmann 7.Dan**

**Organized by: Tournament Organizing Committee (T.O.C.) of the
EUROPEAN FUDOKAN CONFEDERATION
FUDOKAN KARATE AUSTRIA FEDERATION**

Date: 20-22 March, 2020

**Place: GAENSERNDORF-AUSTRIA
SportZeit Stindl
INDUSTRIESTRASSE 10,
2230 GANSERNDORF**

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COMPETITION CATEGORIES**A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2013 AND YOUNGER)**Niveau I: whiteNiveau II: yellow – orangeNiveau III: green - blue

Individual Kata Girls	No limit per country
Kata Team Girls	No limit per country
Individual Kihon – Kumite Girls	No limit per country
Enbu Mix	No limit per country
Ind. Kihon–Ippon-Kumite Girls	No limit per country

Individual Kata Boys	No limit per country
Kata Team Boys	No limit per country
Individual Kihon – Kumite Boys	No limit per country
Enbu M/M	No limit per country
Ind. Kihon–Ippon-Kumite Boys	No limit per country

Individual Kata Ikkaido Girls	No limit per country
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Individual Kata Ikkaido Boys	No limit per country
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B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2012-2011)Niveau I: whiteNiveau II: yellow – orangeNiveau III: green - blue

Individual Kata Girls	No limit per country
Kata Team Girls	No limit per country
Individual Kihon – Kumite Girls	No limit per country
Enbu Mix	No limit per country
Ind. Kihon–Ippon-Kumite Girls	No limit per country

Individual Kata Boys	No limit per country
Kata Team Boys	No limit per country
Individual Kihon – Kumite Boys	No limit per country
Enbu M/M	No limit per country
Ind. Kihon–Ippon-Kumite Boys	No limit per country

Individual Kata Ikkaido Girls	No limit per country
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Individual Kata Ikkaido Boys	No limit per country
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C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2010-2009)

Niveau I: white - **yellow** – **orange** Niveau II: **green** - **blue** Niveau III: **brown** - **black**

Individual Kata Girls	No limit per country	Individual Kata Boys	No limit per country
Kata Team Girls	No limit per country	Kata Team Boys	No limit per country
Individual Kihon – Kumite Girls	No limit per country	Individual Kihon – Kumite Boys	No limit per country
Enbu Mix	No limit per country	Enbu M/M	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Ind. Jiyu-Ippon-Kumite Boys	No limit per country
Individual Kata Ikkaido Girls	No limit per country	Individual Kata Ikkaido Boys	No limit per country

D. CHILDREN IV. AGE 12-13 YEARS (BORN IN 2008-2007)

Niveau I: white - **yellow** – **orange** Niveau II: **green** - **blue** Niveau III: **brown** - **black**

Individual Kata Girls	No limit per country	Individual Kata Boys	No limit per country
Kata Team Girls	No limit per country	Kata Team Boys	No limit per country
Individual Kihon – Kumite Girls	No limit per country	Individual Kihon – Kumite Boys	No limit per country
Enbu Mix	No limit per country	Enbu M/M	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Ind. Jiyu-Ippon-Kumite Boys	No limit per country
Individual Kata Ikkaido Girls	No limit per country	Individual Kata Ikkaido Boys	No limit per country

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COMPETITION RULES

TYPE OF KATA (individual):

Group A: elimination/ semi-final/ final	Heian 1-2-3, Taikyoku
Group B: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi Kumi
Group C: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai
Group D: elimination/ semi-final/ final	Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai, Kanku Dai, Jion, Enpi, Taiji shodan

KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques FROM LEFT (HIDARI) STANCE!!!

GROUP A, B

GROUP C, D

1. Oi-Zuki-Jodan	forward	1. Oi-Zuki-Jodan	forward
2. Age-Uke/Gyaku-Zuki	backward	2. Age-Uke/Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Gyaku-Zuki Chudan	forward
4. Uchi-Uke/Gyaku-Zuki	backward	4. Soto-Uke/Gyaku-Zuki	backward
5. Mae-Geri-Chudan	forward	5. Mae-Geri-Chudan	forward
6. Gedan-barai/Gyaku-Zuki	backward	6. Gedan-barai/Gyaku-Zuki	backward
		7. Mawashi-Geri-Jodan	forward
		8. Uchi-Uke/Gyaku-Zuki	backward

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KIHON-IPPON KUMITE (GROUP A):

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack FROM LEFT (HIDARI) STANCE!!!

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - Oi-tsuki(jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)

DEFENSE: SHIRO - Uchi-uke counter attack: Gyaku-Tsuki-Chudan

IJYU IPPON KUMITE (Groups C, D):

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA:

Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENCE: ONLY Uke-waza, counter attack: Gyaku-Tsuki-Chudan

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COMPETITION CATEGORIES

E. CADETS AGE 14-15 YEARS (BORN IN 2006-2005)

Niveau I: white - **yellow** – **orange**

Niveau II: **green** - **blue**

Niveau III: **brown** – **black**

Individual Kata Women	No limit per country
Kata Team Woman	No limit per country
Enbu Mix	No limit per country
Individual Fuku-Go Woman	No limit per country
Ind. Ko-go Kumite Women	No limit per country

Individual Kata Men	No limit per country
Kata Team Men	No limit per country
Enbu M/M	No limit per country
Individual Fuku-Go Men	No limit per country
Ind. Ko-go Kumite Men	No limit per country

Individual Kata Ikkaido Women	No limit per country
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Individual Kata Ikkaido Men	No limit per country
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F. JUNIORS AGE 16-18 YEARS (BORN IN 2004,2003,2002)

Niveau I: white - **yellow** – **orange**

Niveau II: **green** - **blue**

Niveau III: **brown** – **black**

Individual Kata Women	No limit per country
Kata Team Woman	No limit per country
Enbu Mix	No limit per country
Individual Fuku-Go Woman	No limit per country
Ind. Ko-go Kumite Women	No limit per country

Individual Kata Men	No limit per country
Kata Team Men	No limit per country
Enbu M/M	No limit per country
Individual Fuku-Go Men	No limit per country
Ind. Ko-go Kumite Men	No limit per country

Individual Kata Ikkaido Women	No limit per country
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Individual Kata Ikkaido Men	No limit per country
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G. YOUTHS AGE 19-21 YEARS (BORN IN 200,2000,1999)

Niveau I: white - **yellow** – **orange** Niveau II: **green** - **blue** Niveau III: **brown** – **black**

Individual Kata Women	No limit per country	Individual Kata Men	No limit per country
Kata Team Woman	No limit per country	Kata Team Men	No limit per country
Enbu Mix	No limit per country	Enbu M/M	No limit per country
Individual Fuku-Go Woman	No limit per country	Individual Fuku-Go Men	No limit per country
Individual Kumite Women	No limit per country	Individual Kumite Men	No limit per country
Individual Kata Ikkaido Women	No limit per country	Individual Kata Ikkaido Men	No limit per country

H. SENIORS, YOUNGER GROUP (FROM 1998-1986 YEARS)

Niveau I: white - **yellow** – **orange** Niveau II: **green** - **blue** Niveau III: **brown** – **black**

Individual Kata Women	No limit per country	Individual Kata Men	No limit per country
Kata Team Woman	No limit per country	Kata Team Men	No limit per country
Enbu Mix	No limit per country	Enbu M/M	No limit per country
Individual Fuku-Go Woman	No limit per country	Individual Fuku-Go Men	No limit per country
Individual Kumite Women	No limit per country	Individual Kumite Men	No limit per country
Individual Kata Ikkaido Women	No limit per country	Individual Kata Ikkaido Men	No limit per country

EUROPEAN CONFEDERATION FUDOKAN KARATE AND FUDOKAN KARATE AUSTRIA FEDERATION**March 20-22, 2020 | Gaenserndorf – Austria****I. SENIORS, OLDER GROUP (FROM 1985-1971 YEARS)****Niveau I: white - yellow – orange****Niveau II: green - blue****Niveau III: brown – black**

Individual Kata Women	No limit per country
Kata Team Woman	No limit per country
Enbu Mix	No limit per country
Individual Fuku-Go Woman	No limit per country
Individual Kumite Women	No limit per country

Individual Kata Men	No limit per country
Kata Team Men	No limit per country
Enbu M/M	No limit per country
Individual Fuku-Go Men	No limit per country
Individual Kumite Men	No limit per country

Individual Kata Ikkaido Women	No limit per country
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Individual Kata Ikkaido Men	No limit per country
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II. VETERANS**KATA****FUKU GO****KUMITE****KATA IKKAIDO**

Age category	Age category	Age category	Age category
50 to 59 year (1970-1961)	50 to 59 year (1970-1961)	50 to 59 year (1970-1961)	50 to 59 year (1970-1961)
60+ (1960 and older)	60+ (1960 and older)	60+ (1960 and older)	60+ (1960 and older)

COMPETITION RULES

ATTENTION:

1. An Athlete can PARTICIPATE in individual categories ONLY IN HIS/HER AGE category.
2. The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or KOGO KUMITE according with the category as below.
3. In FUKU-GO Kata Kittei 1.
4. The ORGANIZER reserves the RIGHT to put categories and niveaus TOGETHER.
5. ONLY Individual KATA with NIVEAU!!!
6. ONLY in NIVEAU 1 is allowed to make TAIKYOKU SHODAN.
(in all age Categories)
7. In the Final KATA must be CHANGE.
8. Kata TEAM is WITHOUT Bunkai!
9. In case of DIFFERENT AGE of members in KATA TEAM, the team STARTS in the category DEFINED by the age of the OLDEST member.
10. Individual Kata IKKAIDO is WITHOUT NIVEAU.

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PAYMENT ASSIGNMENT:

**SEMINAR Participation AND COMPETITION fee:
40 euros per athlete (without Team Kata and Enbu).**

Only ONE DAY participation on the SEMINAR fee: 20 euros (without competition)

Only Competition participation fee: 10 euros (per individual Discipline).

Team Kata participation fee: 15 euros per Team (without Bunkai).

Enbu participation fee: 15 euros per Team (M/M and Mix)

Contact person : Tanja Polak : +43/680-2148119

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REGISTRATION DEADLINE:

Seminar: 18.3.2019

Competition: 20.3.2019

PROGRAM FOR SEMINAR:

Friday, 20.03.2020: 19.00 – 21.00

**Saturday, 21.03.2020: 10.00 – 12.00 & 16.00 – 18.00
After that DAN Exams**

**Sunday, 22.03.2020: Registration Check: 09.00 – 09.15
Judge/Coach Meeting: 9.20-10.20
Competition start: 10.30 – Open End**