



**World Fudokan Federation  
WFF  
in cooperation with the  
IKKAIDO World Federation**

**1st EUROPEAN  
FUDOKAN-IKKAIDO KARATE  
Celebration & Championship  
for people with disabilities**

**at Portorož, Slovenia  
on Saturday  
8th, December 2018**



# 1st European Fudokan-Ikkaido Karate Championship for people with disabilities

To: WFF Officials and WFF National Federation Members,

3rd, October 2018

**Dear Athletes, Coaches, Instructors, Officials, Judges and Friends of Karate,**

On behalf of WORLD FUDOKAN FEDERATION we have the greatest honor and to invite all national federations to the **1st European Fudokan Ikkaido Karate Championship for people with disabilities** for Children, Cadets, Juniors, Youth, Seniors and Veterans to be held on Saturday, 8th, December 2018 in Portoroz Slovenia.

Sanctioned by: WORLD FUDOKAN FEDERATION

President: Mr. Andrej Korolev

Approved by: CHAIRMAN of WFF

Univ. Prof. ILIJA JORGA, M.D., Ph.D. Soke 10. DAN

Founder of FUDOKAN, Founder of WFF

Organized by: Tournament Organizing Committee (T.O.C.) of the European Fudokan Championships 2018

T.O.C. VICE PRESIDENT: Sensei ALEKSANDAR SIMIĆ

Responsible for competition and coordinator Fudokan - Ikkaido in the World Fudokan Federation

Sensei Karl-Hans König, 7. Dan, Germany

## INVITATION LETTER

Dear Presidents and General Secretaries!

**Fudokan is a big family. Please motivate your disabled karateka to join our family and be a significant part.**

We want to give our disabled karateka a platform to show their ability and to perform their karate.

**Ikkaido should be a celebration. Give them a chance of being included in the championship.**

**First**, - like a **celebration** - they demonstrate their kata and, if necessary, they can be assisted by another karateka or coach (e.g. blind ones). The kata is free and they will be awarded with a special Ikkaido medal.

**Second**, - like a inclusive **competition** - they perform an inclusive team kata together with karateka with no disabilities against another team. Then their team performance will be judged.

Hope to see you at Portoroz with your athletes

Sensei Karl-Hans König

7. Dan, Germany

# WFF-IKKAIDO CELEBRATION & COMPETITION CATEGORIES

## A. CELEBRATION & COMPETITION CATEGORIES

### 1. Individual Kata Celebration

Boys / Men / Girls / Female      only people with disabilities, for all age categories, the kata is free.

This competition category is only for people with disabilities to show the ability of the athlete to perform a Karate kata. If the athlete is unable to enter the tatami or perform the kata alone he/she can be assisted by a carrier (e.g. blind people).

For all age categories the kata is free, it should be known in karate styles e.g. Fudokan/Shotokan or other. Wheelchair kata is completely free.

### 2. Kata Team

Boys / Men / Girls / Female      minimum one and/or maximum two people with disabilities per team, for all age categories.

Each team will be composed of 3 contestants (1 athlete can be from another group, older, younger, sex, ...)

**Mixed teams** are allowed, (e.g. two girls plus one boy starts at girl competition, two boys plus one girl ...)

Each team must have minimum one and maximum two people with disabilities (inclusion aspect).

No Application of kata (bunkai) necessary.

**For all categories the kata should be from Shotokan or Fudokan.**

## B. CELEBRATION & COMPETITION AGE CATEGORIES

### 1. CHILDREN

CHILDREN I. AGE 6-7 YEARS ( BORN IN and younger2010)

CHILDREN II. AGE 8-9 YEARS ( BORN IN 2008-2009)

CHILDREN III. AGE 10-11 YEARS (BORN IN 2006-2007)

CHILDREN IV. AGE 12-13 YEARS (BORN IN 2004-2005)

### 2. YOUTH

CADETS AGE 14-15 YEARS (BORN IN 2002 – 2003)

JUNIORS AGE16-18YEARS(BORN IN1999 – 2000-2001)

### 3. SENIORS

YOUTHS AGE 19-21YEARS (BORN IN1996-1997-1998)

SENIORS, YOUNGER GROUP 21-34(1995-1982 )

SENIORS, OLDER GROUP (FROM 35 – 49 YEARS)

VETERANS OLDER 50 YEARS

## C. DISABILITY CATEGORIES

An official WFF classifier or doctor may classify athletes at the beginning of the competition.

There are 4 classification categories of disabilities for the competition:

- Wheelchair User
- Blind and Visually Impaired
- People with Learning and Mental disabilities e.g. autism
- People with physical and other disabilities

## Participation fees:

For **Individual Kata and Kata Team** same like the official WFF competition fees.

## D. CHAMPIONSHIP PROGRAM:

### JUDGES: ATTENTION!

There will be selected judges for Ikkaido competition and advices during judge course.

There will be a special instruction for IKKAIDO judges by WFF doctor.

### ATHLETES:

#### 06th DECEMBER 2018

Arrival of teams to transfer from airport to Hotels

08:00 – 21:00 - ENTRY REGISTRATION

#### SATURDAY 08 th DECEMBER 2018

**Official WFF classification by doctor who may classify athletes**

**14:00 – 16:00 Start of IKKAIDO competition**

### Wikipedia says about disability:

A disability is an impairment that may be cognitive, developmental, intellectual, mental, physical, sensory, or some combination of these. It substantially affects a person's life activities and may be present from birth or occur during a person's lifetime.

Disabilities is an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations.

Disability is thus not just a health problem. It is a complex phenomenon, reflecting the interaction between features of a person's body and features of the society in which he or she lives.

*Source Wikipedia, WHO World Health Organization, Disabilities*

# WFF-Ikkaido competition rules for people with disability

## Article 1: Official Clothing

Competitors and their responsible persons must wear an official uniform (Karate Gy).

## Article 2: Competition Field

1. The competition field must be suitable for people with disability and equipped in such a way that dangers are excluded.
2. The competition field must have a sufficient size, allowing to perform the forms without any problems.
3. To ensure a smooth presentation of the forms a stable, plain surface is required. Usually mats for tournament are suitable.

## Article 3: The Organization of Kata Competition

1. The choice of a Kata is free, it **should be from Shotokan or Fudokan, or othe styles**.
2. It is up to the organizer, to merge groups because of low participation. The competitors or responsible persons are expected to be part of the decision, which is to be made in the interest of the athletes.
3. The single competitions consist of single **presentations**, which are separated according to gender.
4. It has to be distinguished between standing and seated groups. Furthermore it has to be distinguished according to the degree of disability (from 50% to including 70% and from 80% to 100%).
5. It is possible, not to differentiate the degree of disability within the groups. The Kata presentations will than evaluated with flag system. At the end the participants with the lowest degree of disability (from 50% to 70% including) will get subtracted from their total evaluation. At the end of the match the best presentation will be announced.

## Article 4: Jury Committee

1. For each round, the jury (3 or 5 judges) will be appointed from the chief judges or from the ground / mat leader.
2. The judges of a kata competition should not be from the same nation, national association, district or club as one of the participants, as far it is possible.
3. In addition, administrative persons for the evaluations and announcers / speakers will be introduced.

## Article 5: Decision Criteria

Kata has to be performed with competence. A clear understanding of the traditional principles which are included in the kata must be visible. When evaluating the performance, the judges have to take into account any restrictions by each individual disability and have to pay attention to:

- a) A realistic demonstration of the meaning of the kata
- b) Understanding of the used techniques
- c) Timing, rhythm, speed, balance, charm and strength application
- d) Correct, adequate respiration for the performance of the techniques
- e) Right focusing on the attention and the concentration
- f) Correct positions with right tension in the legs, excluding e.g. wheel chair drivers
- g) Adequate body tension, e.g., in the lower abdomen
- h) Correct performance of the techniques of the demonstrated style
- i) The realization should also be valued in respect to other criteria, such as the degree of difficulty of the shown kata.

## **Article 6: Realization of Competitions**

1. The appearance of "disabilities" are so complex, that it seems impossible to satisfy all kinds of disabled athletes with their individual competition rules. The WFF Ikkaido competition rules are flexible to use. Competition rules for „people with disability“ differ primarily from general competition rules by restrictions with the repertoire of forms, because the physical or the mental conditions according to the kind and degree of disability of the individuals are extremely different.
2. With reasonable doubt about the restriction due to the disability of the participant, it is up to the organizer and in agreement with the competitor or the responsible person, to withdraw the participant from the starting list. This means that competitors which are able to perform according to general competition rules, don't have to be evaluated according to this set of present rules. Decision should be made in the interest of the athletes.
3. This form set of rules was created to allow people with disability to measure themselves in competitions in the area of the Martial Arts in terms of inclusion. The set of rules should be available not only to everybody who is organizing inclusion competitions, but it is appreciated to initiate further competitions for people with disabilities. The only condition is, that prior to the distribution, permission is granted.

### **Statement**

These rules are under ongoing development and can change from event to event. They are made to enable our disabled karateka to show their abilities and not their disabilities.

If it is necessary we change the rules according to the needs of our disabled karateka and not for a better performance or a higher level within the competition.

Please help us to improve the live and the acceptance of disabled karateka.

### **Authors**

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