



INVITATION

Fudokan tradition continues!

St Prohor Pčinjski spiritual center of Fudokan karate in Europe

The monastery, which was founded in the 11th century, the Academy of St Prohor Pčinjski, unique institution for the martial arts in the area of Europe - European Shaolin - reopens its doors to students - karate masters..

What is the Academy of St. Prohor Pčinjski?

The unique form of education where martial arts are practiced in its original roots. Academy of St. Prohor Pčinjski is an educational institution that cooperates with EPCD-European Center for Peace and Development-International Faculty of sport, University of Peace established by United Nations.

Academy is a traditional institution where the top experts from different disciplines: Karate, Aiki-Jitsu, Bo-Jitsuu, Kobudo, Aikido, are educating newcomers with the specific practice form- all in purpose of nurturing the true meaning of the brotherhood idea of St. Prohor Pčinjski, regardless of race, ethnic, religious or social

All Fudokan newcomers will be provided of gaining a true Fudokan karateka values.

The very point of Academy existence is to form such generation of Fudokan instructors that will be capable to guide World Federation with maximum of responsibility and liability distinctive to Fudokan karatekas.

I'm truly looking forward to a new beginning of Fudokan Academy after a long break. I consider that the responsibility of each karate instructor is to verify their presence, their loyalty and devotion to Fudokan karate at Academy of St. Prohor Pčinjski.

This is more than a karate obligation.

Sensei

dr Ilija Jorga



PROGRAM OF THE FIRST FUDOKAN ACADEMY “ ST.PROHOR PCINJSKI” for 2016th YEAR:

- 1. Basic techniques of Fudokan**
- 2. Vital points (head and neck)**
- 3. Higashiyama Kitei(Kitei 2) with bunkai**
- 4. Medical aspect and influence in Fudokan**
- 5. Meeting for information of European championship in Poland**
- 6. Actual situation in karate world**

Place: RUDNIK MOUNTAIN, ON ABOVE SEA LEVEL 1.100 METAR IN HOTEL “ NEDA-ZAMID” ,HOTEL WITH 3 *, INCLUDING INDOOR POOL, SAUNA, AND OTHER DIFFERENT PROGRAMS FOR RELAXATIONS.

TRAINING WILL BE HELD ON THE FIELD AND IN SPORT HALL

Friday: 2 hours, Saturday 6 hours, Sunday 3 hours

DATE : SEPTEMBER 9,10,11 - 2016

HOTEL PRICE IS 25eur ACCOMMODATION, THREE MEALS (breakfast-buffet, lunch-if desired, dinner-buffet) DOES NOT LIMIT THE VOLUME OF MEALS, INDOOR POOL.

SEMINAR FEE: 40 EUR

CHEAF INSTRUCTOR - SOKE DR. ILIJA JORGA