



8th FUDOKAN MEDITERRANEAN KARATE CUP

**WORLD FUDOKAN FEDERATION
CYPRUS FUDOKAN KARATE-DO FEDERATION**

Date: 18-19 June 2016, Limassol, CYPRUS

INVITATION

Fudokan Mediterranean Karate Cup for Children, Cadets, Junior, Seniors and Veterans.

Sanctioned by: WORLD FUDOKAN FEDERATION

Hosted by: LIMASSOL TRADITIONAL KARATE ASSOCIATION

Place: Limassol, CYPRUS

CHAIRMAN of WFF

Univ. prof. ILIJA JORGA M.D., Ph.D. Soke 10. DAN

Founder of FUDOKAN

**President of Cyprus
Fudokan Federation
DR. Sotiris Koumas**

**President of E.F.F
Dr. Zurab Merabishvili**

**President of T.O.C.
Savvas Vasiliou BSc. MSc 7 DAN**

The Limassol traditional Karate Association is celebrating its 25 years and is in the pleasant position to invite you at the Mediterranean Fudokan Cup, which will be held In Limassol Cyprus. World fudokan federation and sensei Ilija Jorga will advocate the event. In addition the Mayor of our city Mr. Kyriakos Hadjittofis will be supporting this Competitions.

COMPETITION CATEGORIES

*** A.CHILDREN AGE 6-7 YEARS (BORN IN 2009-2010)**

Individual Kata Girls	8 athletes/Country	Kihon Kumite Girls	1 team/Country
Individual Kata Boys	8 athletes/Country	Kihon Kumite Boys	1 team/Country
Ind. Kihon-Ippon-Kumite Girls	8 athletes/Country	Team Kata Girls	1 team/Country
Ind. Kihon-Ippon-Kumite Boys	8 athletes/Country	Team Kata Boys	1 team/Country

*** B.CHILDREN AGE 8-9 YEARS (BORN IN 2007-2008)**

Individual Kata Girl	8 athletes/Country	Kihon Kumite Girls	1 team/Country
Individual Kata Boys	8 athletes/Country	Kihon Kumite Boys	1 team/Country
Ind. Kihon-Ippon-Kumite Girls	8 athletes/Country	Team Kata Girls	1 team/Country
Ind. Kihon-Ippon-Kumite Boys	8 athletes/Country	Team Kata Boys	1 team/Country

C.CHILDREN AGE 10-11 YEARS (BORN IN 2005-2006)

Individual Kata Girl	8 athletes/Country	Team Kata Girls	1 team/Country
Individual Kata Boys	8 athletes/Country	Team Kata Boys	1 team/Country
Ind. Jiyu-Ippon-Kumite Girls	8 athletes/Country	Enbu Girl-Boy	1 team/Country
Ind. Jiyu-Ippon-Kumite Boy	8 athletes/Country	Enbu Boy-Boy	1 team/Country

D.CHILDREN AGE 12-13 YEARS (BORN IN 2003-2004)

Individual Kata Girl	8 athletes/Country	Team Kata Girls	1 team/Country
Individual Kata Boys	8 athletes/Country	Team Kata Boys	1 team/Country
Ind. Kogo Kumite Girls	8 athletes/Country	Enbu Girl-Boy	1 team/Country
Ind. Kogo Kumite Boys	8 athletes/Country	Enbu Boy-Boy	1 team/Country

*** KIHON KUMITE CHILDREN GROUP A, B**

1. Oi-Zuki-Jodan	Forward
2. Age-Uke/Gyaku-Zuki	Backward
3. Gyaku-Zuki Chudan	Forward
4. Uchi-Uke/Gyaku-Zuki	Backward
5. Mae-Geri-Chudan	Forward
6. Gedan-barai/Gyaku-Zuki	Backward

E.CADETS AGE 14-15 YEARS (BORN IN 2001-2002)

Individual Kata Women	8 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman (Kogo Kumite)	8 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men (Kogo Kumite)	8 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kogo Kumite Women	8 athletes/Country	Kogo Kumite Team Men	1 team/Country
Ind. Kogo Kumite Men	8 athletes/Country		

F.JUNIOR AGE 16-18 YEARS (BORN IN 1998-1999-2000)

Individual Kata Women	8 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman (Kogo Kumite)	8 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men (Kogo Kumite)	8 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kogo Kumite Women	8 athletes/Country	Kogo Kumite Team Men	1 team/Country
Ind. Kogo Kumite Men	8 athletes/Country		

G.SENIORS GROUP A AGE 19-34 (BORN IN 1997+)

Individual Kata Women	8 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman (Kogo Kumite)	8 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men (Kogo Kumite)	8 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kumite (Shobu Ippon) Women	8 athletes/Country	Kumite Team Men	1 team/Country
Ind. Kumite (Shobu Ippon) Men	8 athletes/Country		

H.SENIORS GROUP B AGE 35-49

Individual Kata Women	8 athletes/Country
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Men	
Ind. Fuku-Go Woman (Kogo Kumite)	8 athletes/Country
Ind. Fuku-Go Men (Kogo Kumite)	8 athletes/Country
Ind. Kumite (Shobu Ippon) Women	8 athletes/Country
Ind. Kumite (Shobu Ippon) Men	8 athletes/Country

I.VETERANS AGE OVER 50

Individual Kata Women	8 athletes/Country
Individual Kata Men	8 athletes/Country
Ind. Fuku-Go Woman (Kogo Kumite)	8 athletes/Country
Ind. Fuku-Go Men (Kogo Kumite)	8 athletes/Country
Ind. Kumite (Shobu Ippon) Women	8 athletes/Country
Ind. Kumite (Shobu Ippon) Men	8 athletes/Country

- **The categories will be organized according to the participators.**

ATTENTION!

1. AN ATHLETE CAN PARTICIPATE AT INDIVIDUAL CATEGORIES ONLY AT HIS AGE CATEGORY. IF HE PARTICIPATES AT TEAM CATEGORY FOR A HIGHER AGE GROUP, HE CANNOT PARTICIPATE AT THE SAME TEAM CATEGORY IN HIS AGE GROUP

2.The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL TRADITIONAL KUMITE.

SYSTEM OF CONTEST:

Groups: A, B, C, D (Children) eliminations/semifinal, final

FLAG SYSTEM.

Group: E,F,G (Cadets,Junior,Senior) eliminations/semifinal

FLAG SYSTEM

Point System only for FINALS

TYPE OF KATA (individual and team):

Group A	<i>elimination/ semifinal/ final</i>	Taikyoku 1, Heian 1-2-3
Group B	<i>elimination/ semifinal/ final</i>	Heian 1-2-3-4-5,
Group C	<i>elimination/ semifinal/ final</i>	Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai
Group D	<i>elimination/ semifinal/</i>	Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,

Group E,F,G : FUDOKAN - SHOTOKAN KATA

TEAM KATA Each team will be composed of 3 contestants
(1 athlete can be from the younger or older group).

APPLICATION of KATA Only children group D, cadets group E must demonstrate Kata Application (Bunkai). IN FINAL.

Kihon-Ippon-KUMITE Group A, B

Tori - attacks:

1. Oi-Tsuki-Jodan

2. Oi-Tsuki-Chudan

3. Mae-Geri-Chudan

Starting position: Hidari-Zenkutsu-Dachi / Gedan-Barai

Uke - defence:

1. Age-Uke

2. Soto-Uke

3. Gedan-Barai

Starting position: Yoi-Dachi (Hachiji-Dachi).

ONLY Uke-waza, counterattack: Gyaku-Zuki-Chudan.

Jiyu-Ippon-KUMITE Group C

Tori - attacks:

Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri-Jodan.

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

Uke - defence:

Only Uke-waza, counterattack: Gyaku-Zuki-Chudan.

APPLICATION FORM

Country/Organization _____

Address: _____

OFFICIALS

No.	Name and Surname	Position	Sex	Rank

REFEREES

No.	Name and Surname	Age	Sex	Rank	Judge Qualification	
					Kata	Kumite

COACHES

No.	Name and Surname	Sex	Rank

DOCTORS

No.	Name and Surname	Sex

DATE:

SIGNATURE.....

TITLE:.....

MEDICAL RELEASE

Name: _____

Country: _____

Sex: _____ Age: _____ Age Category: _____

PARTICIPATION CATEGORY:

___ Individual Kumite Shobu-Ippon ___ Team kumite ___ Individual Kumite Sanbon-Shobu

___ Fuku-go ___ Individual Kata ___ Enbu ___ Synchronized Kata

MY PRESENT HEALTH HISTORY IS AS FOLLOWS:

- | | | |
|---|---|--|
| 1. Extreme Heart Murmur ___ | 8. Nose Injury ___ | 15. Disorders ___ |
| 2. Severe hypertension ___ | 9. Severe Bone Bruise Requiring padding ___ | 16. Neck Injury ___ |
| 3. Recent Infection ___ | 10. Kidney Injury ___ | 17. Facial Injury ___ |
| 4. Bone Fracture Within Past 6 Moth ___ | 11. Drug Allergies ___ | 18. Ear Injury ___ |
| 5. Concussion or severe Head Trauma ___ | 12. Bleeding 15. Spinal Injury ___ | 19. Hepatitis of Diff. Origin ___ |
| 6. Seizures ___ | 13. Syncope of Diff. origin ___ | 20. Currently Taking Any Medication or ___ |
| 7. Eye Injury ___ | 14. Joint Injury ___ | 21. Treatment ___ |

If my medical history is not as represented above, I will take all responsibility and release all tournament officials from any and all liabilities.

DATE _____

Applicant's Signature _____

Coach's Signature _____

Parents signature _____

REMARK: If you answered "yes" to any of the above, you will be required to check with the Tournament Medical Committee before

Competing in the tournament. (For official Use Only)

APPROVED _____ **NOT APPROVED** (for participation in this event) _____

DATE: _____

CHIEF MEDICAL JUDGE _____

ENTRY PROCEDURE

A. The following documents must be sent to the Championships Organizing Committee by **May 31st, 2016 at the latest:**

Completed "Medical Release" form for each competitor.

B. Entry fee – payment at the Championship Office by **June 17th, 2016 - by cash.**

**PARTICIPATION FEES
(Children A, B, C, D)**

EUR 10 for person, for category
EUR 15 for En-bu
EUR 20 for Kata team

**PARTICIPATION FEES
(Cadets, Junior, Seniors and Veterans)**

EUR 20 for person, for category
EUR 20 for En-bu
EUR 30 for Kata team
EUR 30 for Kumite team

BOARD AND ACCOMMODATION

Voucher obligatory 10 euros for each person
(Transportation fees, stadium reservation fees etc.)

Valana Hotel/ Apartments

The Hotel includes swimming pool

	B/B	H/B	F/B
Single Room	€47	€55	€59
Double Room	€56	€70	€80
Triple Room	€69	€90	€102
Quadriple Room	€72	€108	€128

Pelendri Village: Apartments Camp (Mountains, 30 minutes from Limassol)

Swimming pool included, Soccer field and Internet access.

Family Rooms – Single Rooms for leaders

20 euro per person B/B

25 euro per person H/B

32 euro per person F/B

HOTEL RESERVATION FORM

8th FUDOKAN MEDITERANEAN KARATE CUP

LIMASSOL, CYPRUS 28-29 June 2016

Country/Organization:.....

Address:.....

No.	Name/Surname	Sex	Arrival date/time	Departure date/time
1.				
2.				
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22.				
23.				
24.				
25.				

Date:.....

Signature:.....

IN THE ATTENTION OF THE DELEGATIONS CHIEFS!

**Please send to the Secretariat of the Cyprus Fudokan Federation by e-mail,
the complete list containing the names of participants per category by 31st of
May 2016.**

Penalty fees will be applied on delayed participation forms.

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We kindly invite you to take part in the

**FUDOKAN MEDITERRANEAN KARATE CUP FOR CHILDRENS,
CADETS, JUNIOR, SENIORS and VETERANS.**

hosted in Limassol, CYPRUS, 18-19 June, 2016

Best regards

**Tournament Organizing Committee
T.O.C. President: SAVVAS VASILIOU BSc, MSc. 7 DAN**