Fudokan Karate Competition Rules World Fudokan Federation Tamashewari

Tamashewari competition categories

In future (starting with the Fudokan Karate European Championship December 2018 at Slowenia) there are 3 different Tamashewari competitions:

1. Shikara Tamashewari

meaning: Shikara = Power Tamashe = Soul Wari = Breaking



The classical tamashewari competition in Fudokan. The athlete breaks the number of wooden boards fixed in the Tamashewari Holder. **Strong power is necessary.**

2. Hikari Tamashewari

meaning: Hikari = Light beam Tamashe = Soul Wari = Breaking



The athlete holds his hand open (Shuto) with direct contact to the wooden board and break it without stike out. The board is breaking by closing the fist and hitting at the same time (e.g. one inch punch of Bruce Lee).

Good technic and kime is necessary.

3. Karawari Tamashewari

meaning: Karawari = Empty strike Tamashe = Soul Wari = Breaking



The athlete breaks the wooden boards while the boards are not fixed and hold by two fingers in the air.

High acceleration is necessary.

4. Grand champion of Tamashewari

will be awarded with a special price if an athlete wins all three tamashewari competitions.

General rules

Every athlete is competing Tamashewari on his own risc. He must be sure to do Tamashewari without hurting himself.

In Tamashewari competition there is only one chief judge, who checks the boards and the right fixation in the holder before starting.

The wooden boards have a square of 30×30 cm and have a thickness of 2,5 cm. Only boards stamped with Fudokan logo are allowed for competition.

The boards are fixed in the Tamashewari holder, which is fixed by two ore more strong man.

Tamashewari is scored by the number of broken boards.

A Tamashewari blow is done with Tsuki waza like seiken tsuki, tate tsuki or ura tsuki. It can be performed as Kage, Kizami, Gyaku or Oi Tsuki.

Tamashewari age categories

The tamashewari competition categories in male and female are:

Juniors 16 to 21 years
Seniors 21 to 34 years
Seniors older 35 to 49 years
Veterans 50 years and older

Procedure of Tamashewari competition

All athletes line up and bow to the chief judge. Then he announces the categories, the number of athletes and the order of starts.

Female competition starts first with one wooden board, male competition with two boards.

Every athlete choose his board(s) from the staple and bring them to the chief judge, who controls the quality of the boards and afterwards the right positioning of the boards in the holder.

Beginning from the round with three boards the board holder is fixed by two strong man.

After the blow the athlete took his broken boards and bring them to the staple of broken boards.

Unbreaked boards from fails are taken out of the competition.

Tamashewari Competition Rules

Females competition starts first with 1 board, males starts competition with 2 boards.

Every athlete has 2 trials, if he don't break the board in first trial he is free to try it once again. If not, he fails and number of trial before is counted. If he breaks the board in the second trial, he goes to the next higher round.

If all athletes of a category breaks e.g. two boards, no matter of first or second trial, it comes to the next round with tree boards, after that with four and then five boards, etc..

If an athlete is unable to break the number of boards of the round (first and second attempt), or if he wants to stop, he is out of competition and the other athletes can go on to increase the numbers of boards.

If all atlethes decide not to go on to the next round and try the next number, this round is scored as the final one. If only one athlete try the next higher number of boards and fail, the round before is scored as the final one.

Tamashewari Scoring

In the final round (e.g. with 4 boards), the athlete who brakes the board in first trial and the other athlete fails and needs a second one, the athlete with one trial is scored first place, the other second place. The athletes with only 3 boards are third, the one with 2 boards are 4th place.

In Tamashewari its possible that there are 2 or more first, second or third places.

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