

Dear colleagues and friends, all karatekas,

It is my great honor and pleasure to add few words to Invitation for next 23-rd European Fudokan championship, 14-15.10.2016 in Krakow, Poland.

I would kindly ask you to focus your attention, that it will not be just regular championship: few great news and challenges for masters and participants, which will happen for the first time:

- 1. The European Fudokan Championships and World Traditional Karate-Do Championships Cracow ORLEN 2016 will be held in one place at the same time!**
- 2. In TAURON Arena Cracow, as a part of KARATE-DO RENAISSANCE FESTIVAL**
- 3. More than 3000 competitors, in of the biggest sport centers of Europe!**
- 4. Only 2 days of competition for all participants!**
- 5. The tournament will be finished by ultimate match between the finalists of WFF European Championships and WTKF World Championships!**
- 6. The part of cooperation is also the World BUDO Congress to be held on October 13, 2016 in Japanese Martial Arts and Sports Centre Dojo - Stara Wies**
- 7. More than prizes and medals for winners in all categories!**

Looking forward to meet you there all of you, dear friends, to become participants of really historical event!

Yours sincerely,

Dr. Zurab Merabishvili, 6.Dan
EFC Chairman

POLAND FUDOKAN FEDERATION

Co-organizing Committee of
World Fudokan federation
European Fudokan confederation
and Poland Fudokan federation

To: **WFF Officials**
WFF National Federation Members

April 2016

Dear Athletes, Coaches, Instructors, Officials, Judges and Friends of Karate,

On behalf of WORLD FUDOKAN FEDERATION, EUROPEAN FUDOKAN CONFEDERATION and POLAND FUDOKAN FEDERATION - we have the greatest honor and to invite all national federations to the

23rd EUROPEAN FUDOKAN CHAMPIONSHIPS
For Cadets, Juniors, Youth, Seniors and Veterans
to be held on October 11 - 14, 2016,
in Cracow – Poland

During the Championship Fudokan Federation of Poland will organize international referee and coach Course during which will be presented Fudokan rules.

Official information regarding competition program, participation, protocols, accommodation etc. will be sent to you regularly and updated on our internet presentations: www.fudokaninfo.com.

With all of our heart, we are inviting you to be a part of this special jubilee! We are counting on your presence, for a successful World Fudokan Championship!

WELCOME!!!

PRESIDENT of EFC
DR. ZURAB MERABISHVILI
6. DAN

EXECUTIVE PRESEDENT OF WFF
Univ. Prof. ILIJA JORGA, M.D., PhD
Soke 10. DAN
Founder of Fudokan
Founder of WFF

PRESIDENT of PFF
Mr. PIOTR TYTON
4. DAN

23rd WORLD FUDOKAN CHAMPIONSHIP FOR CADETS, JUNIORS, YOUTH, SENIORS AND VETERANS

23rd EUROPEAN FUDOKAN CUP FOR CHILDREN

Cracow, Poland, 11 - 14 October, 2016

Sanctioned by: EUROPEAN FUDOKAN FEDERATION
President: Sensei Dr. Zurab Merabishvili 6.Dan

Approved by: CHAIRMAN of WFF
Univ. prof. ILIJA JORGA M.D., Ph.D. Soke 10. DAN
Founder of FUDOKAN
Founder of WFF

Chief judge: Univ. prof. VLADIMIR JORGA M.D.,Ph.D. 9. DAN

Hosted by: POLAND FUDOKAN FEDERATION
President: Mr. PIOTR TYTON

Organized by: Tournament Organizing Committee (T.O.C.) of the
EUROPEAN Fudokan Championships 2016
T.O.C. PRESIDENT: PRESIDENT OF POLAND FUDOKAN FEDERATION

Date: 11 - 14 October, 2016

Place: CRACOW-POLAND

PARTICIPANTS:

Athletes officially selected by the WFF - National Federation Members of each country according to the following requirements:

- 1. Each country shall be represented by one official team.**
- 2. Co-organizing countries have the right for a double quota of participants**
- 3. Each athlete must be a citizen of the represented country.**
- 4. Each athlete must know, thoroughly understand and be able to compete under the WFF - Competition Rules.**
- 5. Every participant must be free of any physical or mental handicap - therefore cannot cause any kind of difficulties during competition, under the WFF Rules.**
- 6. All competitors must have Medical Release signed by official national doctor.**

All National Federation participants must be WFF Member for 2016.

Participation on the World Championships and Cup is conditioned by the payment of all membership fees to WFF (affiliation – for the new members, annual membership fee for 2016).

All athletes who want to enter the World Championships competitions **MUST** have a Fudokan BUDOPASS with the Annual Visa – 2016.

All athletes for Ippon-Shobu-Kumite must have gloves and mouth guard and groin protection for male and chest protection for female.

SPECIAL ATTENTION TO THE DELEGATIONS LEADERS!

On the registration for the competition, all delegations leaders must show to the WFF secretariat - DAN registration number for all black belt holders - for coaches, international judges and athletes.

*** Only registered Black belt holders are allowed to enter the competition!**

Dear federation leaders,

In order to have properly organized Championship - **it is very important that you send your complete team applications (lists with names of participants and competition categories)**

[APPPLICATION FORM LATEST BY SEPTEMBER 1st, 2016 TO WEB](http://fudokanchampionships.com)

fudokanchampionships.com

Thank you in advance!

23rd EUROPEAN FUDOKAN CHAMPIONSHIP FOR CADETS, JUNIORS, YOUTH, SENIORS AND VETERANS**23rd WORLD FUDOKAN CUP FOR CHILDREN**

Cracow, Poland, 11 - 14 October, 2016

WFF/EFC-COMPETITION RULES

Each country shall be represented by one official team,
With participants, aged 6 to 13 years old, and which will compete under
the WFF- COMPETITION RULES

COMPETITION CATEGORIES**A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2009AND YUNGER)**

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	individual kihon – ipon girls	No limit per country
Individual kihon boys	No limit per country	Individual kihon –ipon boys	No limit per country

B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2007-2008)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	individual kihon – ipon girls	No limit per country
individual kihon boys	No limit per country	Individual kihon –ipon boys	No limit per country

C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2005-2006)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. jiyu-ippun kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Team jiyu-ippun kumite boy	No limit per country
Individual Kihon Boys	No limit per country	Team jiyu-ippun kumite girls	No limit per country

D. CHILDREN IV. AGE 12-13 YEARS (BORN IN 2003-2004)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. jiyu-ippou kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon boys	No limit per country
Team jiyu-ippou kumite boys	No limit per country	Team jiyu-ippou kumite girls	No limit per country

COMPETITION RULES (WORLD CHILDREN'S CUP)

INDIVIDUAL KATA:

Groups: A, B, C, D: eliminations, semi-finals, finals - FLAG SYSTEM plus Repassage

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Heian 1-2-3, Taikyoku
 Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi
 Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai
 Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,
 Kanku Dai, Jion, Enpi, Taiji shodan

Team Kata: Each team will be composed of 3 contestants
 (1 athlete can be from the younger group)

APPLICATION OF KATA (Bunkai)

Children groups (only D) must demonstrate Application of Kata.

KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques FROM LEFT (HIDARI) AND FROM RIGHT (MIGI) STANCE!!!

GROUP A, B

GROUP C, D

1. Oi-Zuki-Jodan	forward	1. Oi-Zuki-Jodan	forward
2. Age-Uke/Gyaku-Zuki	backward	2. Age-Uke/Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Oi-Zuki-Chudan	forward
4. Uchi-Uke/Gyaku-Zuki	backward	4. Soto-Uke/Gyaku-Zuki	backward
5. Mae-Geri-Chudan	forward	5. Mae-Geri-Chudan	forward
6. Gedan-barai/Gyaku-Zuki	backward	6. Gedan-barai/Gyaku-Zuki	backward
		7. Mawashi-Geri-Jodan	forward
		8. Uchi-Uke/Gyaku-Zuki	backward

KIHON-IPPON KUMITE (GROUP A):

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack FROM LEFT (HIDARI) AND FROM RIGHT (MIGI) STANCE!!!

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - Oi-tsuki(jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)

DEFENSE: SHIRO - Uchi-uke counter attack: Gyaku-Tsuki-Chudan

JIUY IPPON KUMITE (Groups C, D):

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA:

Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENCE: ONLY Uke-waza, counter attack: Gyaku-Tsuki-Chudan

23rd European Fudokan Karate Championships

Participants aged 14+ (cadets, juniors, youth, seniors and veteran category), competing under WFF/EFC rules, as following:

Each country shall be represented by one official team

COMPETITION CATEGORIES**E. CADETS AGE 14-15 YEARS (BORN IN 2001 - 2002)**

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite team women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country

F. JUNIORS AGE 16-18 YEARS (BORN IN 1998, 1999, 2000)

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite team women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country

G. YOUTHS AGE 19-21 YEARS (BORN IN 1995, 1996, 1997)

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Kumite Women	8 athletes/Country	Kumite team women	2 team/country
Ind. Kumite Men	8 athletes/Country	Kumite Team Men	2 team/Country

H. SENIORS**SENIORS, YOUNGER GROUP (FROM 21 - 34 YEARS)**

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite team women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

I. SENIORS**SENIORS, OLDER GROUP (FROM 35 - 49 YEARS)**

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite team women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

SENIORS, WEIGHT CATEGORIES**IPPON SHOBU INDIVIDUAL KUMITE (Weight category)**

Year category	Weight category
Ind. Kumite (Ippon Shobu) Women	-53kg, -60kg, -70kg
Ind. Kumite (Ippon Shobu) Men	light: -64kg, half-light -69kg, medium -75kg, half-heavy -82kg, heavy -90kg, super heavy +90kg

**INDIVIDUAL KATA COMPETITION – ELIMINATIONS AND SEMI-FINALS WILL BE BY FLAG SYSTEM,
FINALS – POINT SYSTEM**

**IMPORTANT NOTE:
KATE - FLAG REPASSAGE
FINALS: POINT SISTEM (DRAWING FOR PLACEMENT 1 TO 4)**

*** in weight senior categories can participate both group of seniors – younger and older**

J. VETERANS**KUMITE****KATA****FUKUGO**

Age category	Age category	Age category
50 to 54 year	50 to 54 year	50 to 54 year
55 to 59	55 to 59	55 to 59
60 to 64 year	60 to 64 year	60 to 64 year
65 to 69	65 to 69	65 to 69
70 and older	70 and older	70 and older

Participants of any age category can compete according to body weight in any of listed weight category

Participants of any age category can compete according to body weight in any of listed weight category

KOBUDO**TSUME-AI****TAMASHIWARI**

Age category	Age category	Age category
Youth	Seniors group H,I (young – old)	Seniors group H,I (young – old)
Seniors group H,I (young – old)	Veterans J (all categories)	Veterans J (all categories)
Veterans J (all categories)		

COMPETITION RULES

(WORLD FUDOKAN KARATE CHAMPIONSHIPS)

ATTENTION:

1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY. IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP

Example: one junior athlete can participate in individual categories for juniors. He can participate in team kata for youth. In this case he cannot be part of team kata juniors

2. The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or Kogo Kumite according with the category as below.

SYSTEM OF CONTEST:

INDIVIDUAL KATA:

Groups: E, F, G, H, I (E.F.K.C.)

FLAG SYSTEM - REPASAGE

POINT SYSTEM IN FINALS (DRAWING FOR PLACEMENT 1 TO 4)

TYPE OF KATA (individual and team):

E.F.K.C.

GROUPS: E, F, G, H, I, J - elimination/ semi-final/ final - All KATAS.

Team Kata: Each team will be composed of 3 contestants
(1 athlete can be from the younger group)

